

REPORT ON THE WORKSHOP(13.1.16)

In order to empower the teachers with knowledge, skills and positive attitude so that they start using these methods, tools and technologies in their routine classrooms, CAPACITY BUILDING PROGRAMME on **Socio Emotional Development** was organised at Arvind Gupta DAV Centenary Public School, North EX, Model Town Delhi on 13th January 2016, under the aegis of DAVCMC where around 70 teachers from different schools of DAV'S in Delhi participated.

Mentors MS Poonam Khurana from DL DAV Public School Pitam Pura and Ms Ritu Jaitly from DAV Sonapat took up the session and shared their experiences. The aim of the workshop was to make teaching modules interesting, interactive and informative. The session was based on the modules of **Socio Emotional Development** in Child

Mentors explained that **Socio-emotional** development includes the child's experience, expression, and management of emotions and the ability to establish positive and rewarding relationships with others. It encompasses both intra- and interpersonal processes. In learning to recognize, label, manage, and communicate their emotions and to perceive and attempt to understand the emotions of others, children build skills that connect them with family, peers, teachers, and the community. These growing capacities help young children to become competent in negotiating increasingly complex social interactions, to participate effectively in relationships and group activities, and to reap the benefits of social support crucial to healthy human development and functioning.

Plethora of activities based on socio emotional theme were organised for the teachers where they were enthralled to do the **BALLOON GAME** where the participants played so many games with the colourful balloons like passing the parcel, concentration game etc. The objective behind the game was to make children aware about team spirit, coordination, sharing and concentration.

Later on the mentors discussed about the milestones which the teachers face in the day to day lives in the socio emotional development of the children.

Next in the session- '**A Rainbow Fish**' a short screening emphasised on the socio emotional development was shown to all the teachers so that to make children aware about the sharing, caring sacrifice, team spirit etc.

Later on in the session, mentors discussed about that to do something in our daily lives we need the help of others to make this thing very clear, a group activity on **DRAW MASH** was conducted where one group draw many things collectively.

The session became melodious when the participants came up with many new songs and rhymes on the different emotions and everyone was enjoying and singing and dancing.

Later on through PPT'S Mentors discussed about the **Social skills and Emotional Development** in the children and make the session interactive and informative by taking views from the participants.

An activity **MIRROR GAME** was played with the teachers where they had to enact like her partner. This was a fun filled activity and the objective behind this was that small children learn so many things from their peer group which helps them to develop socially.

Next the topic was discussed with the help of a **WEB CHART** emphasising how all the skills areas can be developed with one single theme. Example of OUR HELPERS theme was shared with the participants. Teachers shared numerous activities related to the theme that can be taken up for the teaching various concepts covering various skills.

VOCABULARY BANK was the next activity in which the participants write down the various synonyms of a particular emotions for ex: happy, sad, hungry, thirsty, hot, cold, excited etc.

The session was electrified when **EMOJI GAME** was played where all the teachers participated enthusiastically and enacted like one helper with one emotion like A Barber with A Sad Mood.

The objective behind these various fun filled activities were to enhance the teachers with the the approach of learning so that they can use this to emanates their children with the Development.

The workshop focused at training teachers on aims and objectives of EEDP, curriculum areas, skills and instructional material designed for EEDP. Also impetus was given on child centric, play oriented activity based learning, phonic approach in teaching English language and developing language skills. The participant teachers enthusiastically participated in various introductory games, presentation and activities. The module incorporated authentic inputs and training material in terms of power point presentations,activities,videos,movies,refrences etc.

The workshop aimed at developing potential knowledge and skills of the teachers to carry out pre-defined task and understand their role as teachers. The resource Person emphasized that a teacher must be empathetic and compassionate towards the needs of the child. The workshop was interesting, interactive, engrossing and an eye opener for the teachers. To identify the master trainers to conduct inhouse workshops was also a part of the process. The workshop concluded by the vote of thanks by the school Principal Mrs. Mala Sood and Supervisor Mrs. Sonu Sahni.

Principal