



**Arvind Gupta DAV Centenary Public School
Model Town, Delhi-110009**



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“Healthy eating is a way of life, so it’s important to establish routines that are simple , realistically , and ultimately livable.”

Milk & Dairy foods are healthy foods and considered nutrient rich because they serve a good source of calcium & vitamin ,keeping this in mind Nursery department of Arvind Gupta D.A.V Centenary public school is organizing **Cow Milching** day on 6.05.2016 ,Friday , where various milk and milk products will be displayed and children will be relish the ice-cream to beat the scorching heat . so , kindly send Rs 20 /- for the same by 04.05.2016 , Wednesday .

Important Note -: Kindly send money via diary properly stapled .Teacher concerned will acknowledge the money received .

PRINCIPAL