



Arvind Gupta DAV Centenary Public School

Model Town, Delhi-110009

Ph: 01127455245

Website: agdav.edu.in

E Mail: office@agdav.edu.in

Ref. No. : AGDAVCPs/2015-16/48



Dated: 16.09.2015



***“ If you want to conquer the anxiety of life ,live in the movement, live in the breath’***

Have you thought about what “life skills” you want your children to be learning? teaching your children **life skills at an early age** helps them to develop **good habits**, gives them daily “real life” opportunities to **practice fine and gross motor skills**, and ultimately teaches them **responsibility**. By teaching them how to do things for themselves, it also helps them to become more **independent**, which in turn builds their **self-confidence**.

Life skills are often taught in the domain of [parenting](#), either indirectly through the observation and experience of the child, or directly with the purpose of teaching a specific skill. Parenting itself can be considered as a set of life skills which can be taught or comes natural to a person. Parenting can also coincide with additional life skills development for the child and enable the parents to guide their children in adulthood. Keeping this in mind Nursery Department of our school is conducting an awareness workshop on [divergent](#) sphere of **LIFE SKILLS** for parents of pre-schoolers on 23<sup>rd</sup> September ,2015 i.e Wednesday at \_\_\_\_\_ in the school premises. The workshop will be an interactive session which will give you insight to understand this issue.

## **PRINCIPAL**

---

I \_\_\_\_\_ father/mother of \_\_\_\_\_  
class \_\_\_\_\_ assures you that we will attend the program on 23<sup>rd</sup>  
September,2015 . To confirm your seat please send the consent form by 18-09-2015